Junior Program Levels to Success

Learning & Development Program

Class Name	Age	Child/Pro Ratio	Description	Player Abilities
Red Ball 1	4-5	4/1 or 6/1	Beginner. 10 & Under format, 36' court.	Just starting to play tennis.
8 & UNDER				
Red Ball 2	6-7	6/1	Beginner/Advanced Beginner. Red balls, 36' court.	Little or no tennis experience; cannot rally consistently.
Junior Development Program 1	7-8	6/1	Intermediate -orange balls; 60' court	Learning to rally.
10 & UNDER				
Orange Ball 1	8-10	5/1	Beginner/Advanced Beginner - 60' court	Little or no tennis experience; cannot rally consistently.
Junior Development Program 2	8-10	5/1	Intermediate - Orange balls - 60' court	Beginning to rally and serve. Capable of rallying with a pro from service line 10 times or baseline 5 times.
Tournament Prep 1*	8-11	5/1	Advanced Intermediate, Green Dot Balls, 78' court	Sustains medium-length rallies. Is expected to play in weekly Junior match play. Should play twice a week.
14 & UNDER				
Green Dot 1	11-14	5/1	Beginner/Advanced Beginner - Green dot balls	Little or no tennis experience; cannot rally consistently.
Junior Development Program 3	11-14	5/1	Intermediate - yellow balls, 78' court	Sustains medium-length rallies (5 shots). Able to serve & play a game on a 78' court.
Tournament Prep 2*	11-13	5/1	Advanced Intermediate, Yellow balls, 78' court	Sustains medium-length rallies (5 shots). Starting to incorporate & understand grip changes & shot selection. Should play twice a week.
High School	14-18	5/1	Intermediate - Yellow Ball- full court	Sustains medium-length rallies (5 shots). Starting to incorporate & understand grip, changes and shot selection. Should play twice a week.

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Advanced Program | Must be tested or approved by Junior Director or 10 & Under Director.

Class Name	Age	Child/Pro Ratio	Description	Player Abilities
Junior Excellence	9-13	5/1	Advanced. Green dot & yellow balls, 78' court.	Good listening skills and ability to use a continental grip for volleys, spin and serve. Able to rally with an instructor from the service line (15 balls in a row). Match play participation required. Must play twice a week. USTA Tournament participation expected. A strong work ethic & a hustle for every ball.
HS Excellence Prep	11-13	5/1	Advanced Yellow Ball- Use full court.	Good listening skills are a must. This player must use, or is in the process of learning, a contintental grip for volleys and serving. Must be able to rally twenty or more times in a row from the baseline. This player is expected to play two to three times a week. Matchplay is required and USTA Tournaments are encouraged.
Elite	11-14	5/1	Advanced Yellow Ball- Use full court.	Player competes in USTA tournaments on a consistent basis. Player must have attained a USTA ranking in Chicago of the following: Girl's 12's 60 or better; Girl's 14's 150 or better; Boy's 12's 110 or better; Boy's 14's 200 or better. If the player's ranking is outside the above, they could still tryout for the class. To be accepted into the Elite program the player must demonstrate they would at least be near the top of the program below (HS Prep) and can comfortably play/compete against the players selected into the Elite program.
High School Excellence	13+	5/1	Advanced. Yellow ball, 78' court.	Projected to play on the freshman team, or finished the season having played on the freshman team for HPHS. Can demonstrate proficiency in rallying and serving. If player attends a different high school and are projected to be or did play freshman or junior varsity , this is the correct class for them.
HS Ex Plus	13+	5/1	Advanced Yellow Ball- Use full court.	Projected to play on the JV team or finished the season playing on the JV team for Highland Park High School (or Deerfield High School). If player attends a different high school and are projected to be or did play varsity, this is the correct class for them.

Enrollment in Tournament Prep 1 and higher is subject to approval by a full-time tennis professional. An evaluation may be required.