



# Junior Program Levels to Success

## Learning & Development Program

Class Name	Age	Child/Pro Ratio	Description	Player Abilities
<b>Red Ball 1</b>	4-5	4/1 or 6/1	Beginner. 10 & Under format, 36' court.	Just starting to play tennis.
<b>8 &amp; UNDER</b>				
<b>Red Ball 2</b>	6-7	6/1	Beginner/Advanced Beginner. Red balls, 36' court.	Little or no tennis experience; cannot rally consistently.
<b>Junior Development Program 1</b>	7-8	6/1	Intermediate -orange balls; 60' court	Learning to rally.
<b>10 &amp; UNDER</b>				
<b>Orange Ball 1</b>	8-10	5/1	Beginner/Advanced Beginner - 60' court	Little or no tennis experience; cannot rally consistently.
<b>Junior Development Program 2</b>	8-10	5/1	Intermediate - Orange balls - 60' court	Beginning to rally and serve. Capable of rallying with a pro from service line 10 times or baseline 5 times.
<b>Tournament Prep 1*</b>	8-11	5/1	Advanced Intermediate, Green Dot Balls, 78' court	Sustains medium-length rallies. Is expected to play in weekly Junior match play. Should play twice a week.
<b>14 &amp; UNDER</b>				
<b>Green Dot 1</b>	11-14	5/1	Beginner/Advanced Beginner - Green dot balls	Little or no tennis experience; cannot rally consistently.
<b>Junior Development Program 3</b>	11-14	5/1	Intermediate - yellow balls, 78' court	Sustains medium-length rallies (5 shots). Able to serve & play a game on a 78' court.
<b>Tournament Prep 2*</b>	11-13	5/1	Advanced Intermediate, Yellow balls, 78' court	Sustains medium-length rallies (5 shots). Starting to incorporate & understand grip changes & shot selection. Should play twice a week.
<b>High School</b>	14-18	5/1	Intermediate - Yellow Ball- full court	Sustains medium-length rallies (5 shots). Starting to incorporate & understand grip, changes and shot selection. Should play twice a week.



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**Advanced Program** | Must be tested or approved by Junior Director or 10 & Under Director.

Class Name	Age	Child/Pro Ratio	Description	Player Abilities
<b>Junior Excellence</b>	9-13	5/1	Advanced. Green dot & yellow balls, 78' court.	Good listening skills and ability to use a continental grip for volleys, spin and serve. Able to rally with an instructor from the service line (15 balls in a row). Match play participation required. Must play twice a week. USTA Tournament participation expected. A strong work ethic & a hustle for every ball.
<b>HS Excellence Prep</b>	11-13	5/1	Advanced Yellow Ball- Use full court.	Good Listening skills are a must. This player must use, or is in the process of learning, a continental grip for volleys and serving. Must be able to rally twenty or more times in a row from the baseline. This player is expected to play two to three times a week. Matchplay is required and USTA Tournaments are encouraged.
<b>High School Excellence</b>	13+	5/1	Advanced. Yellow ball, 78' court.	Projected to play on the freshman team or JV team, or finished the season having played on the freshman or JV team for HPHS. Can demonstrate proficiency in rallying and serving.
<b>Varsity</b>	13+	5/1	Advanced Yellow Ball- Use full court.	Projected to play on the varsity team or finished the season playing on the varsity team for HPHS. Experienced singles and doubles player. Can both generate and receive pace on ground strokes and serves. Expected to play two to three days a week. Matchplay participation expected. Must be approved for this level.
<b>High Performance</b>	13+	5/1	Advanced Yellow Ball- Use full court.	A UTR of 5 or higher. This player plays USTA tournaments regularly and has competed in the Chicago District Championships. Ranked player. Expected to play or played in the top end of the HPHS varsity team. Must be approved for this level.

*\*Enrollment in Tournament Prep 1 and higher is subject to approval by a full-time tennis professional. An evaluation may be required.*